

## Ten Commandments of Lineman Safety

1. Practice Safety Always -- Whether you are on or off duty – Anywhere, Anytime.
2. Conduct a thorough tailgate safety meeting and avoid tunnel vision. If you do not have the proper equipment, do not do the job.
3. Always use the proper tool and personal protective equipment for the job. If you do not have the proper equipment, do not do the work.
4. IF IT'S NOT GROUNDED, IT'S NOT DEAD -- Always ground on both sides and use your personal protective grounds in your work area. Equal-potential Zone (EPZ) Grounding saves lives – that's why it's the law. NEVER assume the line is dead.
5. Always check for potential before applying grounds. Always check phasing when tying two circuits together.
6. Always install and remove grounds with approved and tested hot-line tools. NEVER install or remove grounds by hand.
7. Always avoid getting yourself phase to phase, phase to ground, or in series with the circuit including ground paths.
8. KNOW and maintain minimum approach distances – INSULATE and ISOLATE – COVER UP!
9. ALWAYS wear your rubber gloves and sleeves if you are working within minimum approach distances.
10. BE RESPONSIBLE for YOUR safety and the safety of OTHERS.



***“Safety Always, Anywhere, Anytime”***