



Protecting Your Eyes

There really isn't much to be said about protecting your eyes other than you would be foolish not to do so at all times and while on the job.

Eye protection devices have been used in the construction industries since 1910. While the original eye protection devices were somewhat limited, today there are eye protection devices for every type of exposure.

While the wearing of eye protection at all times is strongly encouraged, many projects demand that workers wear eye protection. Just a few of these are:

- Hammering staples
- Use of manual, pneumatic and power impact tools
- Tamping
- Shoveling dirt off the auger
- Drilling
- In environments of excessive dust and dirt
- Cutting gains
- Mechanic operations

One complaint is that eye protection devices are uncomfortable, but usually this is because the eye protection device does not fit properly. Make sure that you have the device properly adjusted for the correct fit or simply get another that fits better. You can see a lot better out of a properly fitted eye protection device than you can out of a glass eye.

Like all safety devices, eye protection is there for you and your eyes. Be smart and use eye protection at all times and when on the job. What have you got to lose? Your sight?

Seatbelts Save Lives

You always read about the person who didn't have their seatbelt on in an accident. I'm challenging all of you to become full time seat belt wearers and if you already are, good on you! I have noticed that we are getting better in this safety area; however, there are some that still need reminding.

Whose responsibility is crew safety anyway? Is it your Safety Manger's responsibility? Is it the Foreman's responsibility? If someone came into a room filled with all of us and they asked, who's responsible for safety in your organization? I'd like the overwhelming answer to be everyone raising their hand and at the same time, saying **I AM!**

"Safety Always, Anywhere, Anytime"